

State of Kansas
Kansas Department of Health and Environment
Division of Health Care Finance
Public Notice

The Kansas Department of Health and Environment, Division of Health Care Finance (KDHE-DHCF) is amending the Kansas Medicaid State Plan. The Management of Self-monitoring Blood Pressure (SMBP) treatment plans will be added to the Kansas Medicaid State Plan as a preventive outpatient service for persons using SMBP devices as part of their care.

The proposed effective date for the State Plan Amendment (SPA) is January 1, 2024.

Fee-For-Service Only	Estimated Federal Financial Participation
FFY 2024	\$ 22,912
FFY 2025	\$ 30,550

To request a copy of the proposed SPA, to submit a comment, or to review comments, please contact William C. Stelzner by email at william.stelzner@ks.gov , or by mail:

William C. Stelzner
Kansas Department of Health and Environment
Division of Health Care Finance
900 SW Jackson, Room 900N
Topeka, KS 66612.

The last day for public comment is December 4, 2023.

Draft copies of the proposed SPA may also be found at a Local Health Department (LHD).

Christine Osterlund
Interim Medicaid Director
Deputy Secretary of Agency Integration and Medicaid
Division of Health Care Finance
Kansas Department of Health and Environment

PREVENTIVE SERVICES LIMITATIONS

Management of Self-monitoring Blood Pressure (SMBP) Treatment Plans

Program:

The management of self-monitoring blood pressure (SMBP) treatment plans is a preventive outpatient service for persons using SMBP devices as part of their care. Self-measured blood pressure monitoring has been shown to be an effective approach to lowering blood pressure, improving control in patients with hypertension, and increasing patient compliance with antihypertensive therapy.

Limitations:

Self-measured blood pressure using a device validated for clinical accuracy; patient education/training and device calibration is allowed annually.

Collection of blood pressure data reported by the patient and /or caregiver to the physician or other qualified health care professional and subsequent communication of a treatment plan to the patient is allowed up to four times per year. This limitation may be exceeded with prior authorization and medical necessity.

Services:

Management of Self-monitoring Blood Pressure (SMBP) Treatment Plan services include:

- Patient education and training
- Validate clinical accuracy of SMBP devices
- Calibration of SMBP devices
- Ongoing verification of the patient's self-measurements with data reported to the provider

Providers:

Physicians

Other Practitioners:

- APRNs
- Physician Assistants

Provider Qualifications:

Physicians – An individual licensed by the State of Kansas to provide services within their scope of practice.

Other Practitioners – An individual licensed by the State of Kansas to provide services within their scope of practice.

KANSAS MEDICAID STATE PLAN

Attachment 4.19-B
#13.c.3.
Page 1

PREVENTIVE SERVICES LIMITATIONS

Methods and Standards for Establishing Payment Rates

Management of Self-monitoring Blood Pressure (SMBP) Treatment Plan

Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers for the above services. The agency's fee schedule rate was set as of January 1, 2024 and is effective for services provided on or after that date. The agency's established fee schedule rates are published on the agency's website at <https://portal.kmap-state-ks.us/PublicPage/ProviderPricing/Disclaimer?searchBy=ScheduleList>

This link will take the user to a page titled "Reference Copyright Notice." Scroll to the bottom of the page and click on the word "Accept" to access the fee schedule. The next page that appears is titled "KMAP Fee Schedules."

To access a fee schedule:

- a. Select the program from the drop-down list -TXIX;
- b. Choose the type of rates – Medicaid;
- c. After choosing the rate type, the user will see a list of the current and historical versions of the corresponding schedule;
- d. Click the schedule TXIX.