

# Sumner County Health Department Sumner County Home Health Agency Sumner County In-home Services

Health Department & In Home Services 620-326-2774 Home Health Agency 620-326-5312

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Podcast: Spotify- Straight Out of Sumner

Edition 2

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*Spring is the time of  
plans and projects.*

*-Leo Tolstoy*

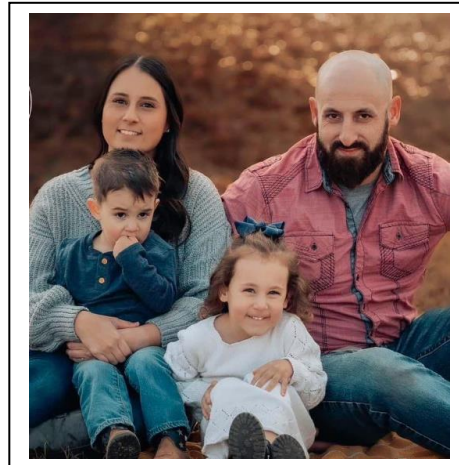
Happy Spring everyone!

The above quote seems to be our motto this time of year at the Health Department! We have been busy making plans for new projects and growing the programs/projects we already have!

Our focus has really been on getting out into our communities, meeting new people, touching base with those we already know and learning what we can do to help. We love Sumner County and are proud to call it our home!

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## WELCOME



Join us as we welcome Courtney McDonald as our new Public Health Receptionist! Courtney lives in her hometown of Wellington with her husband Spencer and their two children: Brinley, 4 and Asher, 2. Fun fact- Courtney and Spencer were high school sweethearts! Courtney enjoys Cricut crafting and boating with her family. Welcome Courtney!

Our team supporting the **Wear Red** campaign, which helps raise awareness of the No. 1 killer for women— cardiovascular disease.



Liz practicing CPR during our recent CPR renewal class! Thank you Dacia from Traveling CPR!



We were treated to a Bouquet Bar on Valentine's Day! Everyone had fun making their own bouquets!

## Home Health Happenings



Our Sumner County Home Health Agency has been busy! In February, the nurses started going to the Wellington Senior Center and taking blood pressures. They have also been attending the Wellington Library's- Senior Social Hour. The entire Home Health team visited Botkin Care and Rehab in March and made rainbows with some of the residents! We have been invited back in May during National Nursing Home Week! In May we will also be hosting a Senior Health Fair- Rockin' Thru The Ages! We have a wonderful line up of vendors with lots of great information to share!



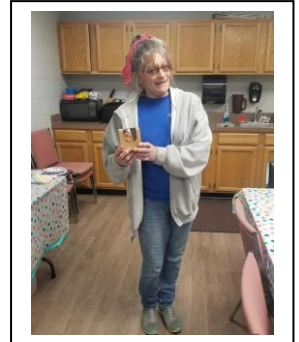
## Program Spotlight: WIC

WIC food is specifically selected to help your little ones get the nutrients they need to grow strong. Each package is tailored to the unique developmental and dietary needs of every stage of growth! You can get a variety of fresh fruits and vegetables, beans, cheeses, and more! The meal options to make casseroles, skillet, veggie sautés, and soups are endless. For more information about the WIC program just call the Health Department.



The Annual Township Transportation Meeting was held on March 27, 2024. With a full house present, we presented our Opioid Overdose Prevention Program!

## We Would Be MUFFIN Without You!



We have a wonderful team here at the Sumner County Health Department and Home Health Agency! We celebrated Employee Appreciation Week with a muffin party!



We were able to share all kinds of great information at the Resource Fair hosted by the Wellington Library and Wellington Chamber.



The 2024 Kansas Governor's Public Health Conference once again provided great information and updates for the year! Some of the breakout sessions attended included information on Drug Endangered Children, KS Home Visiting Program, Disturbing Disparities, Emergency Planning, Maternal Child Health, and Family Planning.

### What's The SCOOPP?

Due to the opioid overdose crisis in our communities, the Sumner County Health Department has created the Sumner County Opioid Overdose Prevention Program (SCOOPP) to review overdose causes, risks, and signs, as well as educate on the steps to take when witnessing and responding to an overdose. Education includes training on the use of naloxone, an opioid overdose reversal medication. In April we started presenting our program in Town Hall meetings across the county.

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## Practicing Preparedness



On March 22, our Health Department and Home Health Agency participated in a tabletop exercise at the Cowley County Community College-Summer Campus. The exercise included 6 other counties and focused on fatality management, non-pharmaceutical interventions, and responder health and safety.



In March the Sumner County Health Department teamed up with USD 353 to present Jenny Ecord with Keepin' Clean for Coop- a Fentanyl Awareness and Education Program. Jenny shared their family's heart-breaking story and how they have set out to educate kids and parents about the unbelievable dangers of fentanyl. According to the CDC, over 200 people die every day from overdoses related to synthetic opioids like fentanyl.