

Sumner County Health Department Sumner County Home Health Agency Sumner County In-home Services

Health Department & In Home Services 620-326-2774 Home Health Agency 620-326-5312

Find Us @: www.sumnercountyhealthdepartment.org www.facebook.com/SumnerCountyHealth
Podcast: Spotify- Straight Out of Sumner

Edition 1

217 West 8th St, Wellington, KS 67152

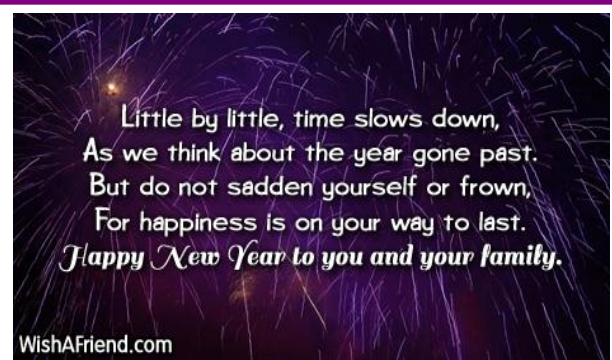
January 2024

*A snowball in the face
is surely the perfect
beginning to a
lasting friendship –
Markus Zusak*



***Happy Winter Everyone!
Let's hope for some snow!***

"Produced through the full or partial support of the Kansas Department of Health and Environment (KDHE). The content of this publication may not necessarily reflect the views of KDHE."

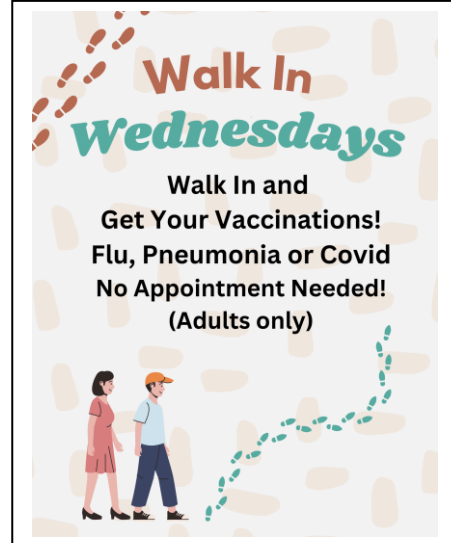
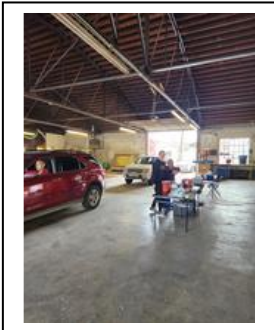


**Goodbye 2023!
We had a busy year
building our programs
and sharing our services
with the public!
We want to thank all of
you who supported us
throughout 2023!
We are so excited about
2024 and all the good
that is yet to come!**

Happy New Year!



Every October is Flu fighting month for us here at the health department. We always have our annual Drive Thru Flu Clinic and we provide several flu vaccine clinics throughout Sumner County. This year, on October 6th, we hosted an all day Drive Thru Flu Clinic at the Recycle Center in Wellington. We had an excellent turn out and have decided that we need to add dog treats to hand out next year! We also provided 20 outreach vaccine flu clinics in 6 different Sumner County towns. We love getting out in the county and helping protect the public!



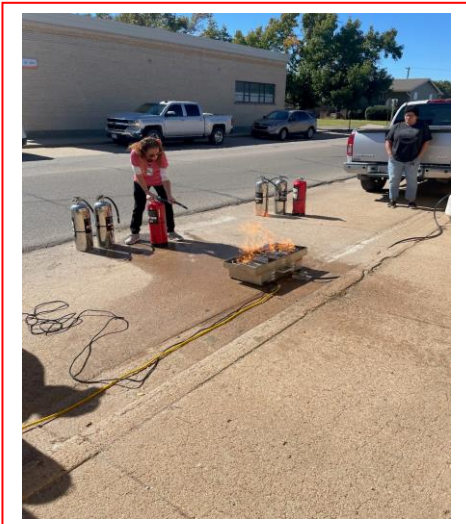
We have started providing 'Walk-In Wednesdays' vaccine days, for Adults only! You can come in to get your Flu, Pneumonia or Updated Covid vaccine- No appointment needed!



During October we showed our support for Domestic Violence Awareness Day by wearing our purple! We all need to work to create a culture that refuses to tolerate abuse of any kind.

They Call Us Firemen?

Okay, so we are NOT Firemen by any means but we did have Fire Extinguisher training for our Home Health team provided by one of Wellington Fire Departments' very own, Javan Wright. We learned all about the RACE and PASS techniques and reviewed overall fire safety. We also had a fun time practicing with the extinguishers!



Halloween Fun

We had a 'spooktacular' time celebrating Halloween this year! We had a pumpkin decorating contest where Frankenstein and his Bride were voted #1. Then on Halloween day we had a party and handed out candy at Wellington's Trick or Treat Down the Street! We loved seeing all the ghouls and goblins roaming around!



The Kansas Tobacco Quitline offers free 24/7 help to quit tobacco to all Kansans. For free help to quit smoking and vaping and to find out if you qualify for free nicotine replacement therapy visit ksquit.org or call 1-800-QUIT-NOW.

Home Care Month

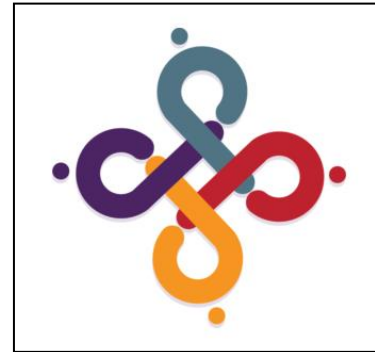


Our Home Health and In-Home Services staff were recognized in November during Home Care Month! We had a Hot Cocoa Station and cookies for them to enjoy! We truly do have a wonderful home care team! They are dedicated to what they do and really care about their job! We appreciate all you do!



"This publication was supported by the Grant or Cooperative Agreement Number, NU90TP921936, funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services." This institution is an equal opportunity provider.

Kansas Opioid and Stimulant Conference



On November 28th, Kelly, Sarah and Cheryl attended the Kansas Opioid and Stimulant Conference in Wichita. Topics discussed included emerging trends, prevention, health systems & prescribers, public safety & first responders and treatment & recovery. The conference promotes taking a proactive approach in building a collaborative response to the overdose crisis in order to prevent the rise of this issue in Kansas. We came away with a greater understanding of the crisis we see growing in our communities.



2023 Christmas Door Decorating Winner!



In December, we attended the Kansas Association of Counties Conference in Wichita.

The Conference provided some great educational sessions and provided a wonderful opportunity for networking with other counties from around Kansas!

Program Spotlight: Nurturing Nurse

Know someone who is pregnant or has just had a baby and lives in Sumner County? We would love to talk to them about our **Nurturing Nurse Program!**

The Nurturing Nurse Program is an educational program that provides prenatal and postpartum support to caregivers and their families in Sumner County for free! Valuable information about preparing for and caring for a baby, as well as developmental, health and safety information is provided. Our Nurturing Nurse is also a Certified Safe Sleep Instructor! Visits can be made in the home or our office.

2023 in Review

All the staff gathered together towards the end of December for the last team meeting of 2023!

We enjoyed each others company with snacks and games. We also took the time to look back on all the positive that was accomplished in 2023 and we set goals for ourselves for 2024!

