

Sumner County Health Department Sumner County Home Health Agency Sumner County In-home Services

Health Department & In Home Services 620-326-2774 Home Health Agency 620-326-5312

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Podcast: Spotify- Straight Out of Sumner

Edition 1

217 West 8th St, Wellington, KS 67152

January 2025

WELCOME 2025!

We hope you're feeling refreshed and ready to take on 2025! But sometimes the holidays can leave many of us feeling drained, stressed or even burned out. The shopping, planning, cooking and family time can be exhausting. It's important to find ways to manage this post-holiday stress and embrace the changes that come with it so we can step into the new year feeling calm, balanced and ready for what's ahead. We encourage you to start 2025 with the resources and mindset that you need to thrive and be ready to take on 2025!



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Snow picture taken by one of our Home Health employees, Shelbie White, outside her home on January 5, 2025!

We now have a Community Food Box outside our Health Department! Come help us get it filled- we appreciate any and all donations!



*Thank
you!*

Congratulations!

Sarah Pond, our Public Health Supervisor, recently completed school and passed her boards to become a APRN, Advanced Practice Registered Nurse!

We are so proud of her accomplishment and look forward to seeing what she does in the future!

Great Job Sarah!



We received 3rd Place in the Wellington Scarecrow Light Pole Decorating contest! Even Scarecrows need their vaccines too!

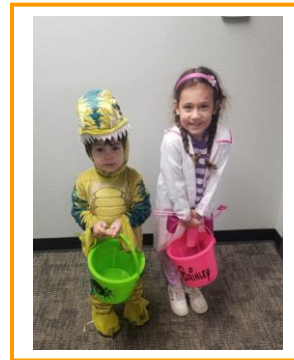
Halloween Fun

Even though we were busy giving Flu shots this October, we did find some time to get into the Holiday spirit and have some Halloween fun!

We had a Spooky Door Decorating contest this year. The 'Boo Boo Crew' (Kelly, Courtney and Sydney) were the winners with some pretty cute and creative ghost nurses!

We also had Spirit Week the week of Halloween and had different themes each day that we dressed up to. We had some pretty creative costumes!

On Halloween we had a few trick-or-treaters stop by to say Hi. We always love getting to see the little ones in their outfits!



Diabetes Walk 2024

According to the CDC, about 1 in every 11 people has diabetes. So, when we are able to join with the Wellington Noon Lions Club and help support and raise awareness for Diabetes, we are more than ready to do it! This year Stephanie, our Home Health Agency Supervisor, and Kelly set up a booth at the Diabetes Walk and took blood sugars for those wanting to know their numbers!



Community Meet and Greet



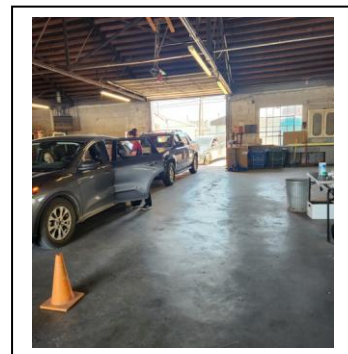
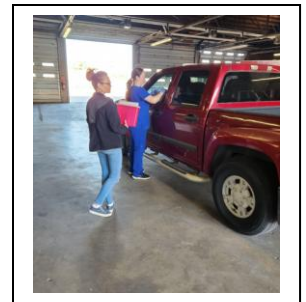
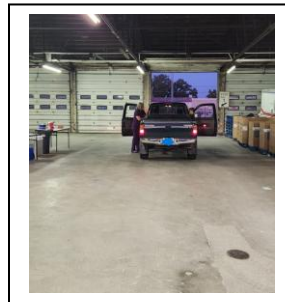
In November, we were invited to attend the 'Community Meet and Greet' at the Caldwell Regional Medical Center. Kelly and Stephanie were able to meet all the providers at the hospital and were able to share all the services we offer.

Flu Fighters!

October is always a busy month for us when it comes to Flu shots and this year was no different!

We traveled throughout Sumner County providing 19 outreach clinics where the Influenza and Covid vaccine were both offered.

We also held our 5th annual Drive-Thru Flu Clinic on October 4th. We had around 120 people get their Influenza vaccine without getting out of their car!



November was National Home Care Month. We truly have the best Home Health/In-Home Services team! Give us a call if you or someone you know needs some extra help at home! 620-326-5312

What's New?

Some of you may have already heard but we are expanding our services at the Health Department!

Sarah Pond, APRN, will be providing general medical care and exams to address patients' individual needs. We will also be accepting most insurances.

Dr. Cooper Nickel, MD has joined our team as our Medical Consultant. He is currently the Medical Director at the Caldwell Regional Medical Center.

Our team has been busy getting everything ready for this expansion! From getting our EHR, electronic health records, program updated to adapt to the expansion as well as staff training, we have also had to work with multiple insurance agencies to get credentialed.

And that is a job in itself!

We are so excited for this growth!

And appreciate everyone's hard work getting this up and going!

So, need a physical, have a cough, or just not feeling well? We will be able to get you taken care of!

Official opening day -Coming Soon!

"Produced through the full or partial support of the Kansas Department of Health and Environment (KDHE). The content of this publication may not necessarily reflect the views of KDHE."

"This publication was supported by the Grant or Cooperative Agreement Number, NU90TP921936, funded by *the Centers for Disease Control and Prevention*. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the *Centers for Disease Control and Prevention* or the *Department of Health and Human Services*." This institution is an equal opportunity provider.



In November, Sarah traveled to Pittsburg, Ks. and completed her training to become a Certified Breastfeeding Specialist. Sarah will educate and provide individual support for breastfeeding families through pregnancy, breastfeeding initiation, and the normal course of lactation. If you or someone you know needs assistance, please give Sarah a call @ 620-326-2774.



We had a great time getting together and celebrating the holidays! We enjoyed silly games, an ornament exchange and some great Mexican food! We topped it off with a Cookie/Goodie exchange!

